

Kollegiale Beratung (Peer consultation) – Information for English speaking fathers and fathers-to-be

What is peer consultation?

In the course of peer consultation, fathers and fathers-to-be who are employed at the university (as a PhD, professors, assistants in science or administration) discuss cases of their own every-day life to successfully deal with family and career. The peer consultation is a structured approach of human resource development for a group of 5-8 men. In every meeting there are different roles the participants have to take on. One participant moderates the meeting, another one tell his case, which he wants to talk about, the others are the consultants who give advice to the speaker. At the beginning of the peer consultation program there will be an introduction to the method in a short workshop (approx. 5 hours) by an external trainer. After that, the meetings occur in a self-organized rhythm. Based on our experience it is helpful to meet for one or two hours every four weeks. After six months there will be an official workshop in order to establish a balance with the work in the consultant group. If desired, the group can continue their peer consultation group on their own.



Aim of peer consultation

The aim of this offering is to support fathers or fathers-to-be to connect with men in the same situation in order for them to create solutions and discuss different opportunities to arrange the demands of family and career.

Application

To apply for participating in our peer consultation program send a short curriculum vitae and a short motivational letter in which you state your experiences, aims and interests for this program. Please send the application to Julia.steinhausen@upb.de

For more information see www.uni-paderborn.de/universitaet/familiengerechte-hochschule/angebote-fuer-vaeter/

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